



Trip Itinerary

DAY 1: ARRIVE KATHMANDU

Arrive at the airport and transfer to your hotel. Later you will meet your guide for your pre-trek briefing.

DAY 2: FLY TO POKHARA – DRIVE TO NAYAPUL- TREK TO THIKEDHUNGGA

Elevation: 1079m – 1540m

You catch a morning flight to Pokhara, with its magnificent views of Dhaulagiri, Manaslu, Machhapuchchhre, the five peaks of Annapurna and many others. You will then drive for 1 1/2 hours to Nayapul where you start your trek. From here you follow the river, passing through sub-tropical valley forests and crossing the Modi Khola on a high suspension bridge. You continue to ascend until you reach the village of Tikhedhungga.

DAY 3: TREK TO GHOREPANI

Elevation: 2780m

You leave Thikedhungga, via a small suspension bridge crossing the deep gorge, to start your steep ascent up to Ulleri. Fortunately there are steps all the way which makes this tough climb slightly easier. After Ulleri, the trail continues winding its way through the rhododendron forests, passing beautiful waterfalls and you climb up, and down a little, enjoying the views of Machhapuchchhre (Fish Tail) peeking out high above the lush green hillsides. Eventually you reach the village of Ghorepani and are rewarded with breath-taking views of Dhaulagiri and the Annapurna range.

DAY 4: ASCEND POON HILL, TREK TO TADAPANI

Elevation: 3200m – 2630m

You will set off in the dark this morning to ascend Poon Hill, renowned as the best view points in Nepal. The climb to Poon Hill's viewpoint is steep, but it is

rewarded with spectacular views of Machhapuchchhre, Dhaulagiri, Nilgiri, and the Annapurnas as the sun rises. You then begin your descent down to Tadapani through rhododendron forests with beautiful views of the high mountains and lush green valleys.

DAY 5: TREK TO LANDRUK

Elevation: 1565m

You will trek down further through the village of Ghandruk which is famous for its high population of Gurkhas who now own many of the lodges in this region. As you follow the trail down to Landruk you will be rewarded with views of the Annapurna range including Machhapuchchhre, Annapurna South and Gangapurna.

DAY 6: TREK TO DHAMPUS

Elevation: 1750m

Today we follow the contours of the valley until we reach the village of Dhampus at an altitude of 1650m. The village is very famous for its breath-taking panoramic views of Dhaulagiri, Annapurna, Fishtail, Hiuchuli and Lamjung Himal. An amazing place to spend your last night of the trek before waving goodbye to the Annapurna Conservation Area.

DAY 7: TREK TO PHEDI, DRIVE POKHARA, FLY KTM

Elevation 1130m

Today you finish your trek with a 500m descent into Phedi, before driving back to Pokhara (45 minutes) and your flight to Kathmandu.

DAY 8: DEPART KATHMANDU



You can fly out from Kathmandu today. Alternatively you may wish to spend a couple of days exploring this fascinating city.

SUMMARY

A fantastic starter trek taking you to the best viewpoint in Nepal to witness the Himalayan giants with your very own eyes.